

## **SIMPLE SILENCE**

**Saint Augustine:** *Let us leave a little room for reflection in our lives, room too for silence. Let us look within ourselves and see whether there is some delightful hidden place inside where we can be free of noise and argument. Let us hear the Word of God in stillness and perhaps we will then come to understand it."*

As the echoes of Hosannas fade away. We enter a somber week where we can reflect on all that has taken place this Lenten season. Did you fast, pray and give alms? Did you devote time to others? If you did great! If not, then, that is why we are here!

For God so loved the world...

Every year we are given these 40 days, as a reset, a time to slow down and focus on what is important in our space.

You are taking the time to read these devotions, so you have spent at least these moments in silent contemplation and prayer. We have immersed with Jesus from the wilderness and are ready for the Passover feast, but first let us take a little extra time each day to:

reflect on the bounty of gifts around us,

do one good deed for another and appreciate the differences and the similarities we share with fellow creations of the Great Creator.

say one extra prayer, and always be mindful of our presence and presents, all gifts from God.

Find the silence in the April rains, the sound of traffic on your way to work, the ocean waves that so many of us are lucky to enjoy.

In that silence you will almost certainly hear the voice of God. Observe, listen, and enjoy. Repeat as needed.

God always listens and hears our prayers, and, always responds, we might not always receive exactly what we have requested, because, sometimes, we ourselves, are the answer.

Dear Lord,

Let us finish this somber time of Lent in silence, whether busy or still, and take the moments to listen for your voice and appreciate the gifts around us, as we anticipate the coming of your ultimate gift, your son, Jesus Christ.

Amen

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